

Studio1 Stundenplan ab 24. August 2020

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
		08.30 – 09.25 AROHA (V)			
09.00 – 09.55 KAHA (V)	08.30– 09.25 TRX Yoga (V)	09.30 - 10.30 MAWIBA	09.00 – 09.55 BeBalanced! ü60 (V)		08.30 – 09.25 TRX (V/N)
		(09.45– 11.00 (I/V) Afro mit Livepeccussion	10.15 – 11.10 Dance Fit (V)	10.00 – 10.55 AROHA (V)	
		16.00 – 16.55 HipHop 8+ A-M (Ev)		16.00 – 16.55 HipHop 8+ A-M (V)	Blau - Tanzkurse
17.00 - 18.10 Jazz 11+ M (V/Y)	17.00 – 17.55 HipHop 5+ A (V)	17.00– 17.55 HipHop 11+ (A-) M (Ev)		17.15 - 18.10 (Ma) HipHop 11+ A- M	Grün - Fitnesskurse
					Orange – Crew
18.15 – 19.10 HipHop Basics (V) 18.15 – 19.10 HipHop open M-F (G)	NEU! 18.15 – 19.45 Jazz Basics (V)	18.05 – 19.00 HipHop M-F (Ev) 18.00 - 18.55 (Vin) Klassischer Tanz	18.00 – 18.55 (Lu) Breakdance Beginner 18.00 – 18.55 (S) HipHop 11+ (A-) M	18.15 – 19.10 HipHop Lady Style (Ju) 18.00 – 20.30 NoLimitCrew (V/GL)	
19.15 – 20.10 AROHA (V) 19.15– 20.10 BodyArt (N)	NEU! 18.15 – 19.45 Jazz Basics (V) 19.00 – 20.30 Jazztanz M-F (Ja)	19.00 – 19.55 TRX (N) 19.15 – 20.45 (Vin) Zeitgen. Tanz A-M	19.05 – 20.00 (Lu) Breakdance M-F 19.00 – 19.55 HipHop 14+ M (Ma)	18.00 – 20.30 NoLimitCrew (V/GL) 19.15 - 20.15 Salsa Grundkurs	
20.15 – 21.10 TRX (V)	20.00– 20.55 DeepWork (N) 19.00 – 20.30 Jazztanz M-F (Ja)	20.00 - 20.55 TRX YOGA (N) 19.15 – 20.45 (Vin) Zeitgen. Tanz A-M	20.00 – 20.55 HipHop open M (T) 20.00 - 20.55 Fit&Funky (N)	18.00 – 20.30 NoLimitCrew (V/GL) 20.30- 22.00 Rueda de Casino	

A - Anfänger-Innen / M - Mittel / F - Fortgeschritten

Unser Team: Vivian (V), Nadja (N), Ibra (I), Vincent (Vin), Evelina (Ev), Gabriele (G), Lukas (Lu) Yael (Y), Marceline (Ma), Julia (Ju), Jara (Ja), Saskia (S), Tim (T), Gast Lehrer (GL)

Dance Camp 6.- 9. Oktober 2020! Infos laufend auf <https://studio1.dance/news/>