

Studio1 Stundenplan ab 12. August 2019

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
		08.30 – 09.25 AROHA	08.00 – 08.55 TRX YOGA		
09.00 – 09.55 KAHA			09.10 – 10.05 BeBalanced! ü60		08.30 – 09.25 TRX Team
		09.45 – 11.00 Afrotanz mit Livepercussion	10.15 – 11.10 Dance Fit	10.00 – 10.55 AROHA	10.00 – 12.00 Schwiizer Kiddies
15.50 – 17.00 Jazz Kids 8+ A		16.00 – 16.55 HipHop 7+ A-M		16.15 – 17.10 HipHop 8+ A-M	Grün =Semesterkurse Blau =Fitnesskurse Violett =Tanzabos Orange =Showcrew Rot = Paartanz Schwarz = Special
17.00 – 18.10 Jazz Kids 11+ A-M	17.00 – 17.55 HipHop 5+ A	17.00 – 17.55 HipHop 11+ (A-) M	17.00 – 17.55 HipHop 11+ (A-) M	17.15– 18.10 HipHop 11+ (A-) M 17.30 – 18.25 Freestyle offen	
18.15 – 19.10 HipHop 11+ (A-) M 18.15 – 19.10 HipHop 13+ M	18.00 – 18.55 HipHop M-F	18.00 – 18.55 HipHop (A-) M 18.00 –18.55 Basic dance steps	18.00 – 18.55 Breakdance Beginner 18.00 – 18.55 Showcrew NoLimit	18.15 – 19.10 Ragga A-M	
19.15 – 20.10 AROHA 19.15 – 20.10 BodyArt	19.00 – 20.30 Showcrew NoLimit	19.15 – 20.45 Zeitgen. Tanz A-M 19.00 – 19.55 TRX	19.00 – 19.55 Breakdance Mittel 19.00 – 19.55 Showcrew NoLimit	18.30 – 20.00 Jazztanz M-F 19.15 – 20.15 Salsa A	
20.15 – 21.10 TRX Strong	20.10 – 21.05 DeepWork	20.00 – 20.55 TRX YOGA	20.00 - 20.55 Breakdance open 20.00 – 20.55 Fit&Funky	20.30 – 21.50 Rueda de Casino M-F	

! Schnupperwochen 12.- 24. August 2019 ! Bitte mit Anmeldung unter 079 705 43 36 !